| Clark Meadows January 2025 Activity Calendar | | | | | | | |
|---|---|---|--|---|---|---|---|
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| JANUARY BIRTHDAYS | Where Are the Activities?? MPR: Multi-Purpose Room (2nd floor Clark Meadows) RH: Rayburn Hall (Ferris Hills) DR : Dining Room TVR: Television Room (2nd Floor Clark Meadows) ELB: "Elbow" or Sitting Area by Second Floor Elevator | We travel to the Caribbean this month!! | Shaping the future together We celebrate Activity Professionals Week January 20–25 ! | 1 9:00 Day in Hist. LR 9:30 Exercise TVR 2:00 Movie: "When Harry Met Sally" TVR 20025 Happy New Year | 2 9:00 Day in Hist. LR 9:30 Yoga TVR 10:30 Table Games LR 1:00 Nail Spa MPR 3:00 Happy Hour with Max Wright MPR | 3 9:00 Day in Hist. LR 9:30 Exercise w Mel TVR 10:30 Spiritual Care TVR 10:30 Island Coffee Bar LR 1:00 BINGO MPR 3:00 Euchre TVR 3:00 Card/ Table Games With Mel LR | 4 9:00 Day in History LR 9:30 Exercise TVR 10:00 One Day University RH 10:30 Wii Games w Dez LR 1:00 January Word GamesMPR 2:00 Movie: "A Man Called Otto" TVR |
| | 5 10:15 Catholic Communion RH 1:00 Soulful Music with Rev. Janice LR 2:00 Movie: "I, Tonya" TVR | 6 9:00 Day in History LR 9:30 Exercise TVR 10:30 Flower Arranging MPR 1:00 Dominoes TVR 1:30 Hot Chocolate Bar & Literature Sharing LR 2:30 Knitting Club LR 3:00 Pan-Am Watch Party TVR | 7 9:00 Day in Hist. LR 9:30 Yoga TVR 10:30 Painting Class MPR 12:45 Mahjongg TVR 2:00 Sing Along w/ Gabe MPR 3:45 Crossword LR | 8 9:00 Day in Hist. LR 9:30 Exercise TVR 9:00 Men's Coffee RH 10:30 Nail Spa MPR 1:00 United Church Prayer Gathering RH 1:00 Reading w Melissa TVR 2:00 Food Meeting TVR 3:00 Happy Hour with Tom Dunn RH | 9 9:00 Day in Hist. LR 9:30 Yoga TVR 10:30 Tops Shopping Trip 1:00 Broadway Theater ' Moulin Rouge' TVR 3:45 Crossword LR | 10 9:00 Day in Hist. LR 9:30 Exercise w Mel TVR 10:30 Spiritual Care TVR 10:30 Island Concentration LR 1:00 BINGO MPR 3:00 Euchre TVR 3:00 Card/ Table Games With Mel LR | 11 9:00 Day in History LR 9:30 Exercise TVR 10:00 One Day University RH 10:30 WII Games w Dez LR 1:00 Snowball Toss! MPR 2:00 Movie: "Selma" TVR |
| | 12 10:15 Catholic Communion RH 1:00 Soulful Music with Rev. Janice LR 2:00 Movie: "Hidden Figures' TVR | 13 <u>Martin Luther King Jr</u> <u>Day</u> 9:00 Day in History LR 9:30 Exercise TVR 10:30 Grandfriends MPR 1:00 Dominoes TVR 1:30 Hot Chocolate Bar & Literature Sharing LR 2:30 Knitting Club LR 3:00 Pan-Am Watch Party TVR | 14 9:00 Day in Hist. LR 9:30 Yoga TVR 10:30 Java with Jenn LR 11:30 Soup Bar Lunch MPR 12:45 Mahjongg TVR 3:00 Weekly Wellness TVR 3:45 Crossword LR | 15 9:00 Day in Hist. LR 9:30 Exercise TVR 9:00 Men's Coffee RH 10:30 Nail Spa MPR 1:00 Reading w Melissa TVR 3:00 Happy Hour w/ Standard Time MPR | 16 9:00 Day in Hist. LR 9:30 Yoga TVR 10:30 Wood Library Trip 10:30 Table Games LR 1:00 Broadway Theater 'West Side Story' TVR 3:45 Crossword TVR | 17 9:00 Day in Hist. LR 9:30 Exercise w Mel TVR 10:30 Spiritual Care TVR 10:30 Island Tastes Bar LR 1:00 BINGO MPR 3:00 Euchre TVR 3:00 Card/ Table Games With Mel LR | 18 9:00 Day in History LR 9:30 Exercise TVR 10:00 One Day University RH 10:30 Wii Games w Dez LR 1:00 Caribbean Games MPR 2:00 Movie: "True Grit" TVR |
| Bus Trips; Thursday 9th- Tops Thursday 16th- Wood Library Thursday 23rd - | 19 Caribbean Cruise Week for Activity Professionals 10:15 Catholic Comm. RH 1:00 Soulful Music with Rev. Janice LR 2:00 Movie: "What's Eating Gilbert Grape" TVR | 20 Aruba Day 9:00 Day in History LR 9:30 Exercise TVR 10:30 French Club MPR 1:00 Dominoes TVR 1:30 Aruba Cocktail Social LR 2:30 Knitting Club LR 3:00 Pan-Am Watch Party TVR | 21 9:00 Day in Hist. LR 9:30 Yoga TVR 10:30 OCHS Presentation MPR 12:45 Mahjongg TVR 3:00 Weekly Wellness TVR 3:45 Crossword LR | 22 Island Shirt Day 9:00 Day in Hist. LR 9:30 Exercise TVR 9:00 Men's Coffee RH 10:30 Nail Spa MPR 1:00 Reading w Melissa TVR 2:30 Caribbean Island Tour TVR 3:45 Crossword LR | 23 9:00 Day in Hist. LR 9:30 Yoga TVR 10:30 Wal Mart Shopping Trip 1:00 Broadway Theater 'Mamma Mia!' TVR 3:00 Happy Hour with Tim & MaryAnn MPR | 24 Sunglasses Day 9:00 Day in Hist. LR 9:30 Exercise w Mel TVR 10:30 Spiritual Care TVR 10:30 Island Yahtzee LR 1:00 Caribbean BINGO MPR 3:00 Euchre TVR 3:00 Card/ Table Games With Mel LR | 25 9:00 Day in History LR 9:30 Exercise TVR 10:00 One Day University RH 10:30 Sing Along w/ Gabe MPR 1:00 Yahtzee MPR 2:00 Movie: "Sing Your Song" TVR |
| WalMart Thursday 30th- OCHS Research Sign up for bus trips next to the mail room. Subject to weather . | 26 10:15 Catholic Communion RH 1:00 Soulful Music with Rev. Janice LR 2:00 Movie: "The Help" TVR | 27 9:00 Day in History LR 9:30 Exercise TVR 10:30 \$25,000 Pyramid MPR 1:00 Dominoes TVR 1:30 Hot Chocolate Bar & Literature Sharing LR 2:30 Knitting Club LR 3:00 Pan-Am Watch Party TVR | 28 9:00 Day in Hist. LR 9:30 Yoga TVR 10:30 Painting Class MPR 12:45 Mahjongg TVR 1:00 Activity Meeting MPR 3:00 Weekly Wellness TVR 3:45 Crossword LR | 29 9:00 Day in Hist. LR 9:30 Exercise TVR 9:00 Men's Coffee RH 10:30 Nail Spa MPR 1:00 Reading with Melissa TVR 3:00 Happy Hour with John Williams LR | 30 9:00 Day in Hist. LR 9:30 YogaTVR 10:30 Table Games MPR 10:30 OCHS Research Trip 1:30 Broadway Theater 'Jersey Boys' TVR 3:45 Crossword LR | 31 9:00 Day in Hist. LR 9:30 Exercise w Mel TVR 10:30 Spiritual Care TVR 10:30 Island Hot Drink Bar LR 1:00 BINGO MPR 3:00 Euchre TVR 3:00 Card/ Table Games With Mel LR | Let ít Snow, Let ít Snow, Let ít Snow! |

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Contact Beth Bingham, Lifestyle Coordinator for any questions: (585) 393-4330 ext. 2046 or Elizabeth_Bingham@URMC.Rochester.edu. Activities run by Beth, Melissa and Melanie.

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